



e-Council Connection

Arab American and Chaldean Council (ACC)

December 2008

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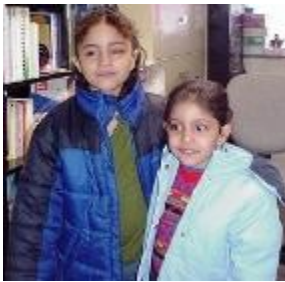
Greetings!

Seasons Greetings! At this special time of the year ACC wishes everyone a very special holiday season and a happy new year.

Please note that ACC offices will be closed on the following dates:

- * **Wednesday, December 24, 2008**
- * **Thursday, December 25, 2008**
- * **Wednesday, December 31, 2008**
- * **Thursday, January 1, 2009**

ACC Holiday Coat Drive is Underway!



In its annual drive ACC is collecting new or gently used coats, clothes, toys, and donations for those less fortunate in our community.

Each year ACC distributes coats and basic needs items through its many community outreach offices. There is a great need for your support and we invite you to be involved in this charitable effort. Together, we can make a difference in our communities. Your generosity and support makes a real difference in the lives of families we serve. Please join us in supporting those less fortunate.

Make your tax-deductible donation today! Donations can be made payable to:
ACC

Attn: Holiday Donations
28551 Southfield Road
Lathrup Village, MI 48076

For additional information please contact us at (248) 559-1990.

ACC youth named top player in Detroit News

Keith Appling, a member of ACC's Youth Center programs since its opening in 2005, has been selected by The Detroit News as the No. 1 player in the preseason for high school boys basketball.

ACC would like to congratulate Keith on his outstanding achievement. We wish you all the best in your future endeavors.

The Detroit News

Motivated guard wants to show he's the best

Tom Markowski / The Detroit News
DETROIT -- As well as Keith Appling played last season the junior from Detroit Pershing looks back on it now as one long learning experience.

Appling played 15 games on the junior varsity his freshman year and making the transition to the varsity, as a starter, was a big adjustment for a 15-year-old sophomore.

"During the year I got tired," Appling said. "I was ready for the speed of the game. It was just more physical than it was on JV." . . .

[Read Full Article](#)



Picture provided by The Detroit News

February is Heart Health Awareness Month



ACC's Public Health Department invites you to join the American Heart Association in making a difference and raising awareness for heart health.

The American Heart Association invites churches and other faith-based organizations to conduct "Go Red Sunday" heart-health awareness activities on a weekend in February or any other time of your choice. The downloadable kit includes posters, church bulletin inserts, pulpit announcements and

other tools.

[Have Faith in Heart Toolkit](#)

[More information](#)

Community News

The Pathway to a New Beginning

You are invited. . .

ADC Michigan Annual Fundraising Gala
Friday, December 12, 2008, 6:00PM
Hyatt Regency Hotel, Dearborn

Join ADC as they celebrate another year of championing Civil Rights in America, and as they look toward the future with the establishment of the landmark American-Arab Center for Civil and Human Rights (ACCHR). Contact ADC at (313) 581-1201 to reserve your spot. www.adcmichigan.org



Building a Healthier Community

Regional Conference on Nutrition and Fitness
January 22 -23, 2009
Hyatt Regency Chicago
www.healthierchicago.org

The purpose of this regional conference is to bring together a diverse group of individuals including academics/educators, public health practitioners and officials, policy-makers, employers, human resources managers, and community leaders to discuss best practices in programming and policy, increase awareness of regional efforts, and develop a plan of action to improve nutrition, physical activity, and health.

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email: kimberlys@myacc.org
phone: (248) 559-1990
web: <http://www.myacc.org>

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